

# NATMOVE STUNDENPLAN 24/25

## MONTAG

### Kids

15:00 - 16:00 Ballett (4 - 6 J.)

16:00 - 17:00 Ballett (6 - 7 J.)

17:00 - 18:00 Hip Hop (8 - 12 J.)

### Teens

17:00 - 18:00 Hip Hop (8 - 12 J.)

18:00 - 19:00 Hip Hop

19:00 - 20:00 Contemporary

### Adults

20:00 - 21:30 Contemporary

20:15 - 21:45 Boxen (Untergeschoss)

## DIENSTAG

### Kids

16:00 - 17:00 Jazz (9 - 12 J.)

17:00 - 18:00 Contemporary Technik (8 - 12 J.)

18:00 - 19:00 Kids Crew (geschlossen)

### Teens

19:00 - 20:00 Contemporary (Raum 2, geschlossen)

19:00 - 20:00 Jazz

20:00 - 21:00 Barre à Terre

20:00 - 21:00 Adults Company (Raum 2, geschlossen)

### Adults

19:00 - 20:00 Jazz

20:00 - 21:00 Barre à Terre

# MITTWOCH

## Kids

13:30 - 14:30 Kindertanz (5 - 8 J.)

14:45 - 15:30 Ballett (5 - 7 J.)

15:30 - 16:30 Ballett (8 - 10 J.)

## Teens

16:30 - 17:30 Ballett (10 - 12 J.)

17:30 - 18:30 Spitze/Technik Ballett

17:30 - 18:30 Hip Hop

18:30 - 20:00 Cray Cray Crew

## Adults

08:40 - 09:40 Jazz

17:30 - 18:30 Spitze/Technik Ballett

18:30 - 19:30 Hip Hop

19:30 - 20:30 Contemporary/Jazz

20:30 - 21:30 Deep Work Technique

# DONNERSTAG

## Kids

16:30 - 17:30 Jazz (8 - 10 J.)

17:30 - 18:30 Jazz Technik (10 - 12 J.)

## Teens

18:00 - 19:30 Hip Hop Junior Crew (Raum 2)

18:30 - 19:30 Contemporary/Jazz

19:30 - 21:00 Intensive Hip Hop (Raum 2)

19:30 - 21:00 Ballett Mittel/Fortgeschritten

## Adults

18:30 - 19:30 Ballett Einführung/Anfänger

19:30 - 21:00 Intensive Hip Hop (Raum 2)

19:30 - 21:00 Ballett Mittel/Fortgeschritten

# FREITAG

## Kids

14:00 - 15:00 Mini Move (3 - 4 J.)  
15:00 - 16:00 Hip Hop (5 - 8 J.)  
16:00 - 17:00 Hip Hop (9 - 10 J.)  
18:00 - 19:00 Kids Crew Hip Hop

## Teens

17:00 - 18:00 Hip Hop (11 - 14 J.)  
19:00 - 20:00 Jazz (Raum 2)  
19:00 - 20:30 Hip Hop

## Adults

09:00 - 10:00 Strength & Stretch  
10:00 - 11:00 Beginner Jazz  
12:00 - 13:00 Contemporary  
19:00 - 20:00 Jazz (Raum 2)  
19:00 - 20:30 Hip Hop  
20:30 - 21:30 Adults Crew Hip Hop

# SAMSTAG

## Kids

09:00 - 10:00 Mini Move (3 - 4 J.)  
10:00 - 11:00 Mini Move (3 - 4 J.)  
11:00 - 12:00 Jazz (6 - 9 J.)

## Teens

12:00 - 13:00 Jazz  
13:00 - 14:00 Ballett  
14:00 - 15:00 Technik Stunde  
15:00 - 17:00 Competition Training

## Adults

12:00 - 13:00 Jazz  
13:00 - 14:00 Ballett  
14:00 - 15:00 Technik Stunde  
15:00 - 17:00 Competition Trainings  
15:00 - 18:00 Pädagogik Lehrgang

# SONNTAG

15:00 - 18:00 Pädagogik Lehrgang  
16:00 - 20:00 Workshops, Show Group, Kindergeburtstage